



RX for Health

Visit or call to set an appointment. Present this card to the organization(s) prescribed below. (not applicable at farmers markets)

South Wood County YMCA

Who: All Ages

Offer: Living Well Programs, LiveStrong Programs, Health

Port Edwards YMCA
211 Wisconsin River Drive
715-887-3240

Wisconsin Rapids YMCA
1421 Pepper Avenue
715-887-3240

Women, Infants, and Children (WIC):

Who: Children up to age 5, pregnant and breastfeeding mothers.

Offer: nutrition counseling, breastfeeding information and consultation, supplemental nutritious food, and much more!

Apply Today!
Wood County WIC
715-421-8950

Aging and Disability Resource Center

Who: All Ages

Offer: Living Well with Chronic Conditions, Healthy Living with Diabetes

Centralia Center Building
220 3rd Ave S #1
715-421-0014

Visit the Farmers Markets!

Peach Street Farmers Market

*Aspirus Doctors Clinic parking lot- June through October
Tuesdays, 7 AM- 2PM,)*

Wood County Farmers Market

*JC Penny Parking Lot- June through October
Thursdays 9AM- 3PM, Saturdays 8 AM- 12PM)*

Edgewater Haven Farmers Market

*1351 Wisconsin River Drive- June through October
Mondays 8 AM- 2PM*

For a complete list of Wood County Farmers Market and Farm stands visit:

Signature: _____

Comments: _____

