

HOW WIC HELPS AMERICAN SAMOA



State WIC Director

Nellie Faumuina
PO Box 997534,
Pago Pago, AS 96799

Phone: 684-633-2617

Email: nfaumuina@dhss.as

MISSION OF WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

COVID-19 Response

American Samoa WIC received at least 3 waivers, including physical presence and extended certification periods for children.



79%

of infants born in American Samoa participated in WIC in 2017



51%

of eligible individuals in the United States participated in WIC in 2017

WHO PARTICIPATES IN WIC?

5,396

WIC PARTICIPANTS

Pregnant women	406
Breastfeeding women	460
Postpartum women	125
Infants	768
Children	3,637

American Samoa
WIC participation in
2018

BREASTFEEDING IN WIC

American Samoa WIC breastfeeding initiation rates increased by **4 percentage points** between 2000 and 2016.



Among WIC infants who initiated breastfeeding in American Samoa in 2018, **56 percent** continued breastfeeding at 6 months.

CHILDHOOD OBESITY IN WIC IN AMERICAN SAMOA

The obesity rate among WIC toddlers in American Samoa decreased by **1 percentage point** between 2010 and 2016.

Obesity rate among WIC toddlers, 2016 **14%**

AMERICAN SAMOA WIC PARTICIPANT CHARACTERISTICS

\$26,768
average family income in 2018

\$68.12
average monthly food cost in FY 2019

HOW WIC SUPPORTED THE AMERICAN SAMOA ECONOMY IN FY 2019

\$4.1M
to spend at food retailers

\$1.0M
formula rebates received

\$1.5M
nutrition, breastfeeding services & admin

Sources: CDC Morbidity and Mortality Weekly Report 2019;68:1057-1061 (cdc.gov/mmwr/) for childhood obesity in WIC. USDA 2017 WIC Eligibility Estimates report (fns.usda.gov/wic/national-and-state-level-estimates-wic-eligibility-and-wic-program-reach-2017) for percent of eligible individuals participating. USDA FNS WIC Program Data FY 2019 (fns.usda.gov/pd/wic-program) as of January 19, 2021. USDA WIC Participant and Program Characteristics reports for years displayed.

