HOW WIC HELPS DELAWARE

MISSION OF WIC
Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

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COVID-19 Response
Delaware WIC received at least 8 waivers, including physical presence and larger package sizes for eggs.

54% of infants born in Delaware participated in WIC in 2017

43% of eligible individuals in Delaware participated in WIC in 2017

WHO PARTICIPATES IN WIC?

19,766 WIC PARTICIPANTS

- Pregnant women: 1,590
- Breastfeeding women: 1,421
- Postpartum women: 1,318
- Infants: 5,838
- Children: 9,599

BREASTFEEDING IN WIC
Delaware WIC breastfeeding initiation rates increased by 15 percentage points between 2010 and 2018.

- 2018: 52%
- 2010: 37%

Among WIC infants who initiated breastfeeding in Delaware in 2018, 20 percent continued breastfeeding at 6 months.

CHILDHOOD OBESITY IN WIC IN DELAWARE
The obesity rate among WIC toddlers in Delaware decreased by 2 percentage points between 2010 and 2016.

- Obesity rate among WIC toddlers, 2016: 16%

MORTALITY AND BIRTH OUTCOMES IN DELAWARE
Maternal mortality per 100,000 births, 2010–2015: 14.0
Infant mortality per 1,000 live births, 2017: 7.1
Preterm birth rates, 2017: 10%

DELAWARE WIC PARTICIPANT CHARACTERISTICS

- $17,324 average family income in 2018
- 42% received Medicaid in 2018
- $33.89 average monthly food cost in FY 2019

HOW WIC SUPPORTED THE DELAWARE ECONOMY IN FY 2019

- $6.7M to spend at food retailers
- $5.3M formula rebates received
- $5.4M nutrition, breastfeeding services & admin


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Please direct all questions to NWA at 202.232.5492
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