

# HOW WIC HELPS GUAM



## State WIC Director

David Gumataotao  
15-6100 Mariner Avenue W-13,  
Barrigada, GU 96913-1601

Phone: 671-475-0287

Email: david.gumataotao@dphss.guam.gov

## MISSION OF WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

### COVID-19 Response

Guam WIC received at least 11 waivers, including physical presence and extended certification periods for children.



# 38%

of infants born in Guam participated in WIC in 2017



# 51%

of eligible individuals in the United States participated in WIC in 2017

## WHO PARTICIPATES IN WIC?

# 7,175

## WIC PARTICIPANTS

Pregnant women **542**

Breastfeeding women **455**

Postpartum women **374**

Infants **1,269**

Children **4,535**

*Guam WIC participation in 2018*

## BREASTFEEDING IN WIC

Guam WIC breastfeeding initiation rates increased by **21 percentage points** between 1998 and 2018.



Among WIC infants who initiated breastfeeding in Guam in 2018, **26 percent** continued breastfeeding at 6 months.

## CHILDHOOD OBESITY IN WIC IN GUAM

The obesity rate among WIC toddlers in Guam decreased by **3 percentage points** between 2010 and 2016.

Obesity rate among WIC toddlers, 2016 **8%**

## GUAM WIC PARTICIPANT CHARACTERISTICS

**\$17,940**  
average family income in 2018

**53%**  
received Medicaid in 2018

**\$71.09**  
average monthly food cost in FY 2019

## HOW WIC SUPPORTED THE GUAM ECONOMY IN FY 2019

**\$5.6M**  
to spend at food retailers

**\$1.8M**  
formula rebates received

**\$3.0M**  
nutrition, breastfeeding services & admin

Sources: CDC Morbidity and Mortality Weekly Report 2019;68:1057-1061 (cdc.gov/mmwr/) for childhood obesity in WIC. USDA 2017 WIC Eligibility Estimates report (fns.usda.gov/wic/national-and-state-level-estimates-wic-eligibility-and-wic-program-reach-2017) for percent of eligible individuals participating. USDA FNS WIC Program Data FY 2019 (fns.usda.gov/pd/wic-program) as of January 19, 2021. USDA WIC Participant and Program Characteristics reports for years displayed.

