HOW WIC HELPS PUERTO RICO

MISSION OF WIC
Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

COVID-19 Response
Puerto Rico WIC received at least 6 waivers, including physical presence and extended certification periods for children.

78% of infants born in Puerto Rico participated in WIC in 2017

80% of eligible individuals in Puerto Rico participated in WIC in 2017

WHO PARTICIPATES IN WIC?

113,449 WIC PARTICIPANTS

Pregnant women 10,325
Breastfeeding women 6,903
Postpartum women 4,815
Infants 18,921
Children 72,485

BREASTFEEDING IN WIC
Puerto Rico WIC breastfeeding initiation rates increased by 14 percentage points between 2004 and 2016.

2016 60%
2004 46%

CHILDHOOD OBESITY IN WIC IN PUERTO RICO
The obesity rate among WIC toddlers in Puerto Rico decreased by 8 percentage points between 2010 and 2016.

Obesity rate among WIC toddlers, 2016 12%

HOW WIC SUPPORTED THE PUERTO RICO ECONOMY IN FY 2019

$124.8M to spend at food retailers
$9.5M formula rebates received
$34.3M nutrition, breastfeeding services & admin

$8,274 average family income in 2018
60% received Medicaid in 2018
$97.90 average monthly food cost in FY 2019


FEBRUARY 2021

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Please direct all questions to NWA at 202.232.5492
visit nwica.org

National WIC Association