# HOW WIC HELPS

### **Mission of WIC**

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



### State WIC Director

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57 47%

47% OF INFANTS BORN IN FLORIDA PARTICIPATE IN WIC

# WHO PARTICIPATES IN WIC IN FLORIDA?

421,533	Pregnant women	34,217
WIC	Breastfeeding women	42,538
PARTICIPANTS	Postpartum women	19,264
	Infants	96,049
	Children	229,466

## MORTALITY AND BIRTH OUTCOMES

Maternal mortality per 100,000 births, 2018-2022	24.1
Infant mortality per 1,000 live births, 2022	6.0
Preterm birth rate, 2022	11%



OF ELIGIBLE INDIVIDUALS IN FLORIDA PARTICIPATE IN WIC

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### **BREASTFEEDING IN WIC**

Florida WIC breastfeeding initiation rates increased by **15 percent** between 2010 and 2022.

2010	72%	
2022	83%	

Among WIC infants who initiated breastfeeding in Florida in 2022, **17 percent** continued breastfeeding at 6 months.

### FLORIDA WIC PARTICIPANT CHARACTERISTICS

\$22,484	\$64.70	87%
AVERAGE FAMILY	AVERAGE	RECEIVED
INCOME	MONTHLY FOOD	MEDICAID
	<b>COST IN 2024</b>	

### HOW WIC SUPPORTED THE FLORIDA ECONOMY IN FY 2024

\$327.3M

TO SPEND AT FOOD RETAILERS FORMULA REBATES RECEIVED

\$135.2M

NUTRITION, BREASTFEEDING SERVICES & ADMIN

\$122.1M

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2022 (<u>https://www.fns.usda.gov/research/wic/eer-2022</u>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2024 (<u>https://www.fns.usda.gov/pd/wic-program</u>) as of January 21, 2025. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<u>https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022</u>). Maternal mortality from America's Health Rankings (<u>https://www.americashealthrankings.org/explore/measures/maternal\_mortality\_c</u>). Infant mortality and preterm birth rate from CDC (<u>https://www.cdc.gov/nchs/pressroom/stats\_of\_the\_states.htm</u>).