

HOW WIC HELPS IDAHO



State WIC Director

Leah Sallas
450 W State Street, 4th Floor
Boise, ID 83720

208.334.5952
leah.sallas@dhw.idaho.gov

Mission of WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



31%

OF INFANTS BORN
IN IDAHO
PARTICIPATE IN WIC



45%

OF ELIGIBLE INDIVIDUALS
IN IDAHO
PARTICIPATE IN WIC

WHO PARTICIPATES IN WIC IN IDAHO?

31,350

WIC
PARTICIPANTS

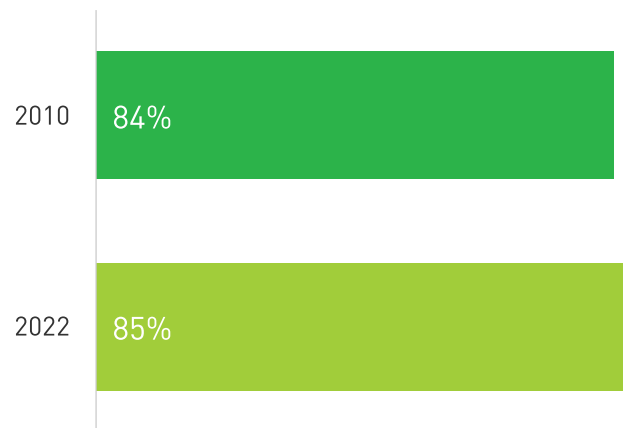
Pregnant women.....	2,377
Breastfeeding women...	3,436
Postpartum women.....	1,291
Infants.....	6,640
Children.....	17,606

MORTALITY AND BIRTH OUTCOMES

Maternal mortality per 100,000 births, 2018-2022...	20.0
Infant mortality per 1,000 live births, 2022.....	5.3
Preterm birth rate, 2022.....	9%

BREASTFEEDING IN WIC

Idaho WIC breastfeeding initiation rates increased by **2 percent** between 2010 and 2022.



Among WIC infants who initiated breastfeeding in Idaho in 2022, **40 percent** continued breastfeeding at 6 months.

IDAHO WIC PARTICIPANT CHARACTERISTICS

\$25,981

AVERAGE FAMILY
INCOME

\$51.02

AVERAGE
MONTHLY FOOD
COST IN 2024

78%

RECEIVED
MEDICAID

HOW WIC SUPPORTED THE IDAHO ECONOMY IN FY 2024

\$19.2M

TO SPEND AT FOOD
RETAILERS

\$6.1M

FORMULA REBATES
RECEIVED

\$9.3M

NUTRITION,
BREASTFEEDING
SERVICES & ADMIN

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2022 (<https://www.fns.usda.gov/research/wic/ee-2022>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2024 (<https://www.fns.usda.gov/pd/wic-program>) as of January 21, 2025. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022>). Maternal mortality from America's Health Rankings (https://www.americashealthrankings.org/explore/measures/maternal_mortality_c). Infant mortality and preterm birth rate from CDC (https://www.cdc.gov/nchs/pressroom/stats_of_the_states.htm).