# **HOW WIC HELPS**

# THE SANTEE SIOUX NATION

#### State WIC Director

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Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



OF INFANTS BORN IN 45% THE UNITED STATES **PARTICIPATE IN WIC** 



54%

OF ELIGIBLE INDIVIDUALS IN THE UNITED STATES PARTICIPATE IN WIC

#### WHO PARTICIPATES IN WIC IN THE SANTEE SIOUX NATION?

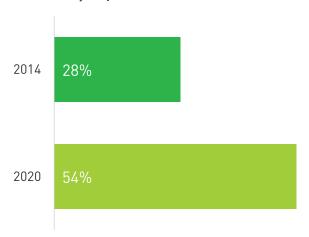
56 **PARTICIPANTS**  Women..... 14

Infants..... 15

Children..... 28

#### **BREASTFEEDING IN WIC**

The Santee Sioux Nation WIC breastfeeding initiation rates increased by 92 percent between 2014 and 2020.



Among WIC infants who initiated breastfeeding in the Santee Sioux Nation in 2022, 50 percent continued breastfeeding at 6 months.

### THE SANTEE SIOUX NATION WIC PARTICIPANT **CHARACTERISTICS**

\$8,375

**AVERAGE FAMILY INCOME** 

**AVERAGE MONTHLY FOOD** 

**COST IN 2024** 

\$82.05

**RECEIVED MEDICAID** 

51%

## **HOW WIC SUPPORTED THE SANTEE SIOUX NATION ECONOMY IN FY 2024**

\$55,381

TO SPEND AT FOOD **RETAILERS** 

\$100,012

NUTRITION. **BREASTFEEDING SERVICES & ADMIN** 

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2022 (https://www.fns.usda.gov/research/wic/eer-2022). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2024 (https://www.fns.usda.gov/pd/wic-program) as of January 21, 2025. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022). Maternal mortality from America's Health Rankings [https://www.americashealthrankings.org/explore/measures/maternal\_mortality\_c]. Infant mortality and preterm birth rate from CDC (https://www.cdc.gov/nchs/ pressroom/stats of the states.htm).