

WHAT IS A BREAST PUMP?

A breast pump is a medical device that removes milk from the breasts/chest. A breast pump is normally used after baby is born.

A manual breast pump is powered by hand movements.

An electric breast pump is powered by electricity. This includes portable breast pumps that can be recharged and breast pumps that are always plugged to a power outlet.



NEED EXTRA SUPPORT?

Please contact your local WIC clinic for additional questions.

Champaign-Urbana Public Health District WIC

201 W. Kenyon, Champaign / 217-352-7961
520 E. Wabash, Rantoul / 217-893-0832
2040A S. Orchard, Urbana / 217-352-7961

All clinics open 8:30am—4:30pm
Closed 12:00pm—1:00pm for lunch

Champaign
Monday—Friday

Urbana
Open only on Thursdays

Rantoul
Tuesdays, Wednesdays, & Fridays



Public Health
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Champaign-Urbana Public Health District
c-uphd.org

This institution is an equal opportunity provider.

Interested in Receiving a Breast Pump?



Know Your Options!



Scan for video of this document in English and ASL.



Will my insurance cover it?

Most insurance providers will cover a breast pump. However, every plan is different. Your insurance provider can answer questions about what breastfeeding supplies and support are available to you.

It is your responsibility to call your insurance provider to know what breast pump coverage you have before ordering or receiving one.

What questions should I ask my insurance provider?

- Does my plan cover a rental pump or one I can keep?
- Does my plan cover a manual pump or electric pump?
- Do I have to pay anything?
- Can I get my pump before or after I have baby?
- Where can I get a breast pump? Online or in-person?
- What brands are covered?
- Do I need a prescription or pre-authorization from my doctor?
- What other breastfeeding services and supplies are covered under my insurance?

Insurance won't cover your breast pump or don't have insurance? Give WIC a call to discuss options!

Frequently asked Questions

When can I get a breast pump?



Postpartum



During
Pregnancy

Why do I need a breast pump?

Each person has their own reason why they need a breast pump. It is not required to have one.

A breast pump is a great option if:

- You plan on being away from your baby and need to remove milk from your breasts/chest. This can be due to returning back to work or school.
- You would like another person to give baby your milk.
- You want to give baby your milk without having to latch baby to your breasts/chest.

Where can I get a breast pump?

Choose **one** of these options **after confirming your coverage**:

- WIC has breast pumps you can take home same day, whether you are planning ahead or waiting until after baby arrives*.
- Order a breast pump online and have it shipped directly to your home. Keep in mind, you must verify your insurance is in-network with any website. Beware of fake or suspicious breast pump websites! Ask questions before ordering.
- In-person through a durable medical equipment supply store.
- Check with your hospital/birth center to see if you can receive a breast pump after delivery.

*Depending on your insurance coverage, WIC will issue a breast pump no more than 90 days (3rd trimester) before your due date during pregnancy. Some insurance plans may require you to use in-network breast pump providers only, so WIC may not be an option.