

CUPHD partners with the Mothers' Milk Bank of the Western Great Lakes (MMBWGL) to offer a Human Donor Milk Depot and Dispensary.

CUPHD accepts human milk donations from approved donors and sends them to the milk bank for processing.

CUPHD also offers pasteurized human donor milk for purchase.



HUMAN DONOR MILK SERVICES

Champaign-Urbana Public Health District



WHY IS INFORMAL MILK SHARING UNSAFE?

Informal milk sharing does not follow the same recommended medical screening and safe handling practices as donor registered through milk banks.

Babies will be at risk of drinking milk that is:

- mixed or combined with other substances.
- fully thawed out or spoiled.
- contaminated with bacteria or viruses.
- contaminated with medications, alcohol, drugs, or other toxins.

CONTACT US



CHAMPAIGN-URBANA PUBLIC HEALTH DISTRICT

201 W. KENYON RD.
CHAMPAIGN, IL 61820
217-531-4529

DEPOT & DISPENSARY HOURS:
MONDAY- FRIDAY
8:30 AM - 12:00 PM & 1:00 - 4:30 PM
CLOSED ON FEDERAL HOLIDAYS



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District
www.c-uphd.org

HUMAN MILK: AN INVESTMENT IN INFANT HEALTH

Human milk has unique properties that strengthen a baby's immune system to help fight diseases.

Research shows that donor human milk can:

- decrease rates of necrotizing enterocolitis (a serious intestinal disease that mostly affects premature babies).
- decrease rates of many acute and chronic pediatric disorders.
- reduce 1st-year infant mortality rates.
- reduce the number of healthcare visits after NICU discharge.

Some parents may not be able to breastfeed or produce the amount of milk their baby needs. These babies benefit from the generosity of milk donors who have extra milk to share.

The American Academy of Pediatrics recommends pasteurized donor milk as the next best option for premature babies when their own parent's milk is not available.

Milk donors are screened and tested for infectious diseases.

Donor milk is pasteurized (heat-treated) to kill bacteria and viruses. It is also tested for drugs of abuse at a lab before it is delivered to babies who need it.



DONOR MILK DEPOT

After being screened and approved by the MMBWGL, lactating individuals can bring human milk donations to CUPHD. CUPHD sends that milk to the MMBWGL for processing, after which it is distributed to hospitals, individual families, and donor milk dispensaries.



INTERESTED IN BECOMING A MILK DONOR?

STEP 1: Interest Form

- Complete an interest form online.

STEP 2: Phone Interview & Application

- Includes social and medical history.

STEP 3: Blood Draw

- The MMBWGL pays for a blood draw to confirm your medical eligibility.

STEP 4: Donate*

- Bring your milk to CUPHD's Milk Depot. Be sure to follow the guidelines and label your milk.

**100oz minimum required for first donation, no minimum thereafter. (No minimum requirement for bereavement donations).*



Scan the QR code to learn more about becoming a donor!

READY TO DONATE MILK AT CUPHD OR HAVE QUESTIONS?

Call 217-531-4529 or email DonorMilk@c-uphd.org to schedule a donation drop-off.

MILK DISPENSARY

WHO CAN PURCHASE DONOR MILK?

- Donor milk can be purchased for healthy and medically fragile infants.
- May be purchased before or after delivery, up to age 2 (call our office if beyond age 2).

HOW MUCH DOES DONOR MILK COST?



- \$21 per bottle for the first 5 bottles in a single order.
- \$18 per bottle for any bottles above 5 in a single order.
- Payment for donor milk at CUPHD is made out of pocket with cash, check, or credit card.
- Large or frequent orders can be arranged directly through the MMBWGL.



MILK PURCHASES MAY BE COVERED BY INSURANCE IN SOME CASES.

Call the MMBWGL at 847-262-5134 or scan the QR code for more information.

- *Insurance coverage must work with MMBWGL directly.*

