

# HOW WIC HELPS COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS



## State WIC Director

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### Mission of WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



**41%**

OF INFANTS BORN IN  
THE UNITED STATES  
PARTICIPATE IN WIC



**56%**

OF ELIGIBLE INDIVIDUALS  
IN THE UNITED STATES  
PARTICIPATE IN WIC

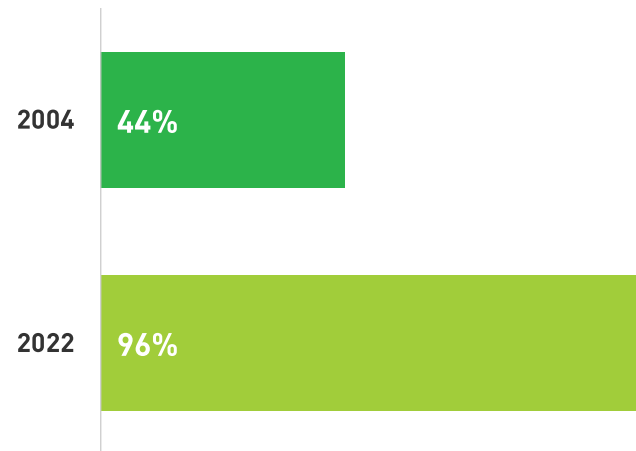
## WHO PARTICIPATES IN WIC IN COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS?

**2,592** WIC PARTICIPANTS

Pregnant women.....	216
Breastfeeding women.....	234
Postpartum women.....	106
Infants.....	446
Children.....	1,590

## BREASTFEEDING IN WIC

The Northern Mariana Islands WIC breastfeeding initiation rates increased by **119 percent** between 2004 and 2022.



Among WIC infants who initiated breastfeeding in the Northern Mariana Islands in 2022, **43 percent** continued breastfeeding at 6 months.

## COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS WIC PARTICIPANT CHARACTERISTICS

**\$17,812**

AVERAGE FAMILY INCOME

**\$94**

AVERAGE MONTHLY FOOD COST IN FY 2025

**74%**

RECEIVED MEDICAID

## HOW WIC SUPPORTED THE NORTHERN MARIANA ISLANDS ECONOMY IN FY 2025

**\$3.4M**

WIC FOOD AND FORMULA BENEFITS

**\$1.5M**

NUTRITION, BREASTFEEDING SERVICES, AND PROGRAM OPERATIONS

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2023 (<https://www.fns.usda.gov/research/wic/eer-2023>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2025 (<https://www.fns.usda.gov/pd/wic-program>) as of January 20, 2026. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022>).