

# HOW WIC HELPS GUAM



## State WIC Director

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### Mission of WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



**41%**

OF INFANTS BORN IN THE UNITED STATES PARTICIPATE IN WIC



**56%**

OF ELIGIBLE INDIVIDUALS IN THE UNITED STATES PARTICIPATE IN WIC

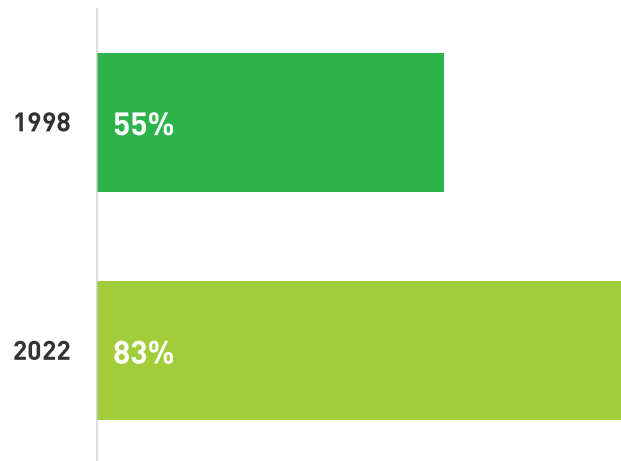
## WHO PARTICIPATES IN WIC IN GUAM?

**6,344** WIC PARTICIPANTS

|                          |              |
|--------------------------|--------------|
| Pregnant women.....      | <b>366</b>   |
| Breastfeeding women..... | <b>539</b>   |
| Postpartum women.....    | <b>300</b>   |
| Infants.....             | <b>1,310</b> |
| Children.....            | <b>3,829</b> |

## BREASTFEEDING IN WIC

Guam WIC breastfeeding initiation rates increased by **51 percent** between 1998 and 2022.



Among WIC infants who initiated breastfeeding in Guam in 2022, **31 percent** continued breastfeeding at 6 months.

## GUAM WIC PARTICIPANT CHARACTERISTICS

**\$17,548**

AVERAGE FAMILY INCOME

**\$96**

AVERAGE MONTHLY FOOD COST IN FY 2025

**44%**

RECEIVED MEDICAID

## HOW WIC SUPPORTED THE GUAM ECONOMY IN FY 2025

**\$8.8M**

WIC FOOD AND FORMULA BENEFITS

**\$3.4M**

NUTRITION, BREASTFEEDING SERVICES, AND PROGRAM OPERATIONS

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2023 (<https://www.fns.usda.gov/research/wic/eer-2023>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2025 (<https://www.fns.usda.gov/pd/wic-program>) as of January 20, 2026. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022>).